



## **Name of the recipe: Healthy cookies**

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*Make sure you have everything you need and place them on your kitchen counter. This is called "mise en place" (in French) to make sure all the ingredients are available at home and you are not disappointed later if you are half way and you are lacking something. Enjoy!*

### **Ingredients:**

1. 2 bananas
2. 3 red apples
3. 2 cups oatmeal
4. 1 tbsp honey.

### **To prepare:**

1. In a bowl, mash both bananas;
2. Add the grated apples, peeled;
3. Add the oatmeal;
4. Add the honey;
5. Mix all ingredients very well;
6. With the help of two tablespoons, form the cookies;
7. Place on cookie tin for around 25 mins at 175° temp.

***So delicious and healthy too!***